



International Social Survey Programme New Zealand

New Zealand ISSP 2007 – Leisure Time and Sports Questionnaire

Leisure Time Activities

a. ...to be the kind of person you

b. ...to strengthen your relationships

really are?

with other people?

The following questions are related to your free time, that is, time you are not occupied with work or household duties or other activities that you are obliged to do.

1.	How often d	o you do	each of t	he following	activities in	n your free time?	?
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a. b. c. d. e.	Watch TV, DVD, videos Go to the movies Go out shopping Read books Attend cultural events such as concerts, live theatre,	Daily 1 1 1 1	Several times a week	Several times a month	Several times a year or less often	Never 8 8 8 8
f. g. h. i. j.	exhibitions Get together with relatives Get together with friends Play cards or board games Listen to music Take part in physical activities such as sports, going to the gym, going for a walk	1 1 1	2 2 2 2	3 3 3 3	4 4 4	8 8 8 8
k.	Attend sporting events as a spectator	1	2	3	4	8
1.	Do handicrafts such as needle work, wood work, etc.		2	3	4	8
m.	Spend time on the Internet/PC	1	2	3	4	8
2.	When you are involved in fre	ee time acti Very much	A		lo they enabl A Not at ttle all	e you Can't choose

2

	activities:									
		No enjoy- ment	Not much enjoyment	Some enjoyment	A fair amount of enjoyment	A great amount of enjoyment	I never do that			
a. b. c.	Reading books Getting together with friends Taking part in physical activities such as sports, going	1	2 2	3	4 4	5 5	8 8			
d.	to the gym, going for a walk Watching TV, DVD, videos	1	2	3	4	5	8			
4.	People do different things dindicate how often you use y	_			h of the fol	lowing, ple	ase			
a. b. c.	establish useful contacts relax and recover try to learn or develop skills	Very often		Sometimes 3 3 3	Seldom 4 4 4		Can't hoose			
5a	. In your free time, how often	do you	1?							
a. b. c.	feel bored? feel rushed? find yourself thinking about we	(Very often Ofte 1 2 1 2 1 2	Sometimes 3 3 3	Seldom 4 4 4		pply 8 8 8			
5b	5b. In your free time, do you prefer to be with other people or do you prefer to be by yourself?									
	Most of the time with other people More with other people than alone More alone than with other people Most of the time alone Can't choose									

3. Please, indicate how much enjoyment you get from the following free time

some things and less to would you like to spe time on and which wo	nd more	time on,	which you	u would	you like	to spend	less
a. Time in a paid jobb. Time doing household workc. Time with your familyd. Time in leisure activities	Much more time	A bit more time	Same time as now	A bit less time	Much less time	Can't choose	Doesn't apply
7a. In the last 12 months, l holidays or social visit		y nights	altogether	r did you	ı stay awa	ny from h	ome for
I was not away 1-5 nights 6-10 nights 11-20 nights 21-30 nights More than 30 nights Can't choose 8							
7b. In the last 12 months, altogether (do not inc				-			
	N	6- 11-2 21-3 I do no	None -5 days 10 days 20 days 30 days ot work choose	1 2 3 4 5 6 7			

6. Suppose you could change the way you spend your time, spending more time on

Sport and Games

8a	. What sport or physica	al activity do	you take pa	rt in most fi	equently?					
	Most frequent sport or p	hysical activit	у		Pl	ease write	e in			
	I do not take part in any	sport or physi	cal activity [
8b	. Thinking about game you play most freque		n sports or p	hysical activ	ities, wha	t type of	game do			
	SELECT THE MOST APPROPRIATE GAME FROM THE LIST BELOW AND TICK THE CORRESPONDING BOX.									
	IF YOU DO NOT PLA BOTTOM OF THE L		ME, PLEASE	TICK THE	BOX AT	THE VEF	RY			
			PLF	EASE TICK	ONE BOX	ONLY				
					Backgamm					
					Draugh					
					Che					
		Othe	r board games	lea monon						
			(e.g., bridge,			re) [5]				
		cara games	(0.8., 011480,	ranning, paule	Domino	es 7				
					Mah-jon	gg 🖫				
		***			igsaw puzzl	es g				
			number games			u) [10]				
	Gambling games (e	_	es, computer ;	•		all [1]				
	Gamoning games (C	z.g., casino gai	mes, siot maci	inic, fottery, s	Other gam					
				I do not pl	lay any gam	ies 14				
9.	Please indicate how is or games.	mportant the	e following 1	reasons are f	for you to t	ake part	in sports			
	01 9 4111001	Very	Somewhat	Not very	Not	Can't	Doesn't			
		important	important	important	important	choose	apply			
a.	For physical or mental	1	2	3	4	5	8			
h	health									
b. c.	To meet other people To compete against		2	<u>3</u>	4	5	<u>_8</u>			
٥.	others	<u>_1</u>	2	3	4	5	8			
d.	To look good					5				

10a	. What sport do you watch on TV on TV, please tick the box prov						sport
	Most frequent sport watched			Plea	ase write i	n	
	I do not watch any sport on TV	> Go to Qu	estion 1	11			
10b	o. What sport is the SECOND MC	OST FREQ	QUENT	you watc	h on TV?		
	Second most frequent sport watched_			Pl	ease write	in	
	I do not watch a second sport						
	How proud are you when New Z games competition?	Zealand do	oes wel	l at an int	ernationa	l sports o	1
12.	I am very proud I am somewhat proud I am not very proud I am not proud at all Can't choose 8 12. People have different opinions about sports. To what extent do you agree or disagree with the following statements?						
		Agree strongly		Neither agree nor disagree	Disagree		Can't choose
a.	Taking part in sports develops children's character	_1	2	3	4	5	8
b.	There is too much sport on TV	1	2	3	4	5	8
c.	Sports bring different groups and races inside New Zealand closer together	_1	2	3	4	5	8
d.	International sports competitions create more tension between countries than good feelings	1	2	3	4	5	8
e.	New Zealand's government should spend more money on sports	1	2	3	4	5	8

Social and Political Participation

13. In the last 12 months, how often have you participated in the activities of one of the following associations or groups?

I have participated in	At least once		Several	Once or	Navan		
a. A sports association/groupb. A cultural association/groupc. A church or other religious organisation	a week	a month 2 2 2	times	twice 4 4 4	Never		
d. A community-service or civic association/group	1	2	3	4	8		
e. A political party or organisation		2	3	4	8		
14a. Generally speaking, would y too careful in dealing with p		ople can be tru	isted or tha	nt you can	t be		
People can almost always be trusted People can usually be trusted You usually can't be too careful in dealing with people You almost always can't be too careful in dealing with people Can't choose 8							
14b. How interested would you s	ay you person	ally are in poli	tics?				
Fai Not ve Not at	ery interested rly interested ery interested all interested Can't choose	1 2 3 4 8					

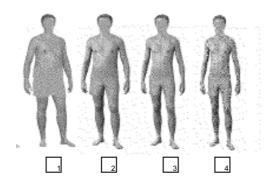
15. To what extent do the following co	nditions _l	orevent you fr	om doing the	e free time
activities you would like to	do?			
	T 7	T 1	TC.	NT 4 4

	very	10 a large	10 some	Not at	Cant
	much	extent	extent	all	choose
a. Lack of facilities nearby		2	3	4	8
b. Lack of money		2	3	4	8
c. Personal health, age or disability		2	3	4	8
d. Need to take care of someone	1	2	3	4	8
(elderly, children)					
e. Lack of time	1	_2	3	4	8
16. If you want to consider your life	. in	al those dave	hory honor		44.77
16. If you were to consider your lif	_	ai mese days	, now nappy	or unnap	РУ
would you say you are, on the v	wnoie				
•	Very happy	7			
F	airly happy	7 2			
	very happy	_			
	at all happy				
	an't choose				
_					
17. In general, would you say your	health is	•••			
8 , , , , , , , ,					
	Excellent	t 🗇			
	Very good				
	Good	_			
	Fair				
	Poor	=			
C	an't choose				
C	an tenoose				

18.	Now, two questions about yesterday.
a.]	Just to recall for you, yesterday was
	a weekday or working-day
b.	At about what time did you get up yesterday? Ato'clock minutes (Please enter using the 24-hour format)
	At about what time did you go to sleep yesterday? Ato'clock minutes (Please enter using the 24-hour format)
19.	Could you please tell me your:
	a. Height:cm orfeetinches
	b. Weight:kg orstonepounds
20.	Would you like to
	Gain weight Maintain your current weight Lose weight I don't care about my weight 8

21. Which of the following pictures come closest to your conception of an ideal shape of a man and a woman?

PLEASE TICK THE BOX BELOW THE PICTURE OF YOUR CHOICE OF THE IDEAL MAN



PLEASE TICK THE BOX BELOW THE PICTURE OF YOUR CHOICE OF THE IDEAL WOMAN



About Yourself

So that we can be sure we have a good cross section of people in our survey, would you please answer the following questions about you. Remember that all responses remain *STRICTLY CONFIDENTIAL*.

22.	Please indicate the year in which you were born:	Year: 19	
23.	What is your gender? Male	Female 2	
24.	Which of these categories best describes your	current marital status?	
		Widowed Divorced Separated	1 2 3 4
25.	Do you live together with a partner?		
	Yes 1	No 2	
26.	INCLUDING YOURSELF, how many people Number in household:	are there in your househo	old?
	How many children under the age of 18 are in	your household?	
	Children under 18 years ———		

27. Which of the following categories describe your ethnic origin?

PLEASE TICK AS MANY GROUP(S) YOU BELONG	AS YOU NEED TO SHOW WHICH ET	HNIC
GROOT(S) TOO BELONG	N Z Maori	
	N Z European or Pakeha	
	Other European	
	Samoan	1
	Cook Island Maori	
	Tongan	1
	Niuean	
	Chinese	
	Indian	1
	Other (such as Fijian, Korean)	
28. What is your current religion	or religious denomination?	
Anglican	1 Methodist	13
Assemblies of God	² Muslim	14
Baptist	3 Orthodox	15
Brethren	Pentecostal	16
Buddhist	5 Presbyterian	17
Catholic	6 Protestant	18
Christian	Ratana	19
Jehovah's Witness	Ringatu	20
Jewish	Salvation Army	21
Hindu	Seventh Day Adventist	22
Lutheran	11 Other	23
Mormon (Latter Day Saints)	No religion	24

29.	How often do you attend a religious service?	
	Never Less than once a year Once a year Several times a year Once a month Two or three times a month Once a week Several times a week Can't choose/Don't know	1 2 3 4 5 6 7 8 9
30.	Which one of these categories best describes the amount of formal educated had?	tion you have
31.	No formal schooling A few years of primary school Primary/Intermediate up to Standard 6 or Form 2 Secondary school for up to 3 years Secondary school for 4 years or more University/polytechnic for up to 3 years University/polytechnic for 4 years or more Which of these categories best describes your highest formal qualification	1 2 3 4 5 6 7
	No formal qualification Proficiency School C, Nat Cert Level 1, NCEA Level 1 Sixth Form Cert, Nat Cert Level 2, UE, NCEA Level 2 Higher Sch Cert, Higher Leaving Cert, Bursary/Scholarship, NCEA Level 3 Trade or Professional certificate Diploma below degree level University degree	1 2 3 4 5 6 7

Post-graduate or higher qualification

32. Which one of these categories best describes your current employment status? PLEASE TICK ONE BOX ONLY **CURRENTLY WORKING** Employed – full time (35+ hours weekly) 1 Employed - part time (15-35 hours weekly) Employed - less than 15 hours/temporarily out of work Helping family member **NOT CURRENTLY WORKING** 5 Unemployed or beneficiary Student Retired Housewife/husband - home duties Permanently disabled 33. How many hours, on average, do you usually work in a normal week? Number of hours: _____ or: Doesn't apply to me 34. What is your *main* occupation or your *last* occupation, if you are not working now? • If you have (or had) more than one job, business or professional practice, please give the occupation for the job you spend the most time at. Please describe fully, using two words or more; for example, builders' labourer not labourer, accounts clerk not clerk, deer farmer not farmer. Main/last occupation: not applicable 9999 35. Do you supervise, or are you responsible for, the work of any other people? 2 Yes 1 1 No

If yes, how many people do you supervise?

Number of people: _____

36.	Which of these categories best describes your current employment status	;?
	Public sector (i.e. local government, Government)	1
	Publicly-owned private sector organisation	2
	Privately-owned private sector organisation	3
	Non-profit/Charity/Welfare organisation	4
	Self-employed	5
	Not working	6
37.	If you are self-employed, how many employees do you currently have? Number of employees:	
38.	Have you ever been a member of a Trade Union?	
	Currently a member Once a member, but not now Never a member	2

IF YOU ARE MARRIED OR LIVING WITH A PARTNER, PLEASE ANSWER QUESTION 39. OTHERWISE, PLEASE GO TO QUESTION 43.

39. Which one of the following categories best describes your partner's or spouse's current employment status?

PLEASE TICK ONE BOX ONLY

	CU	RRENTLY WORKING	
	Employed -	- full time (35+ hours weekly)	1
	Employed - p	part time (15-35 hours weekly)	2
	Employed - less than 15	hours/temporarily out of work	2 3 4
		Helping family member	4
	NOT CU	RRENTLY WORKING	
		Unemployed or beneficiary	5
		Student	6
		Retired	7
	Hou	isewife/husband - home duties	8
		Permanently disabled	9
	week? Number of hours:	OR: Doesn't apply	99
41.	What is your <i>partner's</i> or <i>spouse's</i> main o working now?	eccupation or <i>last</i> occupation,	if they are not
	• If your partner or spouse has (or had) professional practice, please give the omost time at.	5 .	
	• Please describe fully, using two words not labourer, accounts clerk not clerk,		ers' labourer
	Main/last occupation:	Not applicable	9999

who they worked for most recently)?	orks for (or
Public sector (i.e. local government, Government) Publicly-owned private sector organisation Privately-owned private sector organisation Non-profit/Charity/Welfare organisation Self-employed Not working	1 2 1 3 1 4
43. At the 2005 General Election, who did you vote for?	
Didn't vote/not eligible to vote Act Act Alliance Bestiny Act Green Labour Maori Party National New Zealand First Progressive Coalition United Future Don't know Didn't vote/not eligible to vote 1 Act 2 Alliance 3 Destiny 4 Green 5 Labour 6 Maori Party 7 National 8 New Zealand First 9 Progressive Coalition 10	Party list 1 2 3 4 5 6 7 8 9 10 11 12 13
44. Where on the following scale would you say your political views lie? Far left Left/centre left Centre/liberal Right/conservative Far right Other Have no preference	2 3 4 t 5 6
Don't know	8

sources before tax?	gories best describes your own yearly incor	
	\$10,000 or less	
	\$10,001 - \$15,000	1
	\$15,001 - \$13,000 \$15,001 - \$20,000	2
	\$20,001 - \$25,000	3
	\$25,001 - \$20,000	4
	\$30,001 - \$40,000	5
	\$40,001 - \$50,000	7
	\$50,001 - \$70,000	8
	\$70,001 - \$100,000	9
	\$101,000 or more	10
	ies best describes the total yearly income of	
	ies best describes the total yearly income of s before tax?	
	ies best describes the total yearly income of s before tax? \$15,000 or less	
	ies best describes the total yearly income of s before tax?	
	ies best describes the total yearly income of s before tax? \$15,000 or less	
	ies best describes the total yearly income of s before tax? \$15,000 or less \$15,001 - \$20,000	f everyo
	ies best describes the total yearly income of s before tax? \$15,000 or less \$15,001 - \$20,000 \$20,001 - \$30,000	f everyo
	s best describes the total yearly income of s before tax? \$15,000 or less \$15,001 - \$20,000 \$20,001 - \$30,000 \$30,001 - \$40,000	f everyo
	\$15,000 or less \$15,001 - \$20,000 \$20,001 - \$30,000 \$30,001 - \$40,000 \$40,001 - \$50,000	1 2 3 4 5
	\$15,000 or less \$15,001 - \$20,000 \$20,001 - \$30,000 \$30,001 - \$40,000 \$40,001 - \$50,000 \$50,001 - \$60,000	1 2 3 4 5 6
	\$15,000 or less \$15,001 - \$20,000 \$20,001 - \$30,000 \$30,001 - \$40,000 \$40,001 - \$50,000 \$50,001 - \$60,000 \$60,001 - \$70,000	1 2 3 4 5 6 7
Which of the following categori our household from all sources	\$15,000 or less \$15,001 - \$20,000 \$20,001 - \$30,000 \$30,001 - \$40,000 \$40,001 - \$50,000 \$50,001 - \$60,000 \$60,001 - \$70,000 \$70,001 - \$80,000	1 2 3 4 5 6 7 8 8

	In terms of your social status, v fit into?	vnich	one of the following categories do you	think
			Highest social class	
48.	And in which area do you live?			
	Northland Auckland Thames Valley Bay of Plenty Waikato Tongariro East Cape Hawkes Bay Taranaki Wanganui Manawatu-Rangitikei	1 2 3 4 5 6 7 8 9 10	Horowhenua Wellington Wairarapa Nelson Bays Marlborough West Coast Canterbury Aorangi Clutha-Central Otago Coastal-North Otago Southland	12 13 14 15 16 17 18 19 20 21
49.	Do you live in a rural or urban	area	?	
			Rural 1 Urban 2	

50. Would you describe the place where you live as...

A big city
The suburbs or outskirts of a big city
A small city or town
A country village
A farm or home in the country

51. What is the population of place where you live?

ie you iive.		
	100,000 or more	1
	50,000 - 99,000	2
	30,000 - 49,999	3
	10,000 - 29,999	4
	1,000 - 9,999	5
	Less than 1,000	6
Far	m or rural property	

If you have any other comments you wish to add, on any of the topics raised in this questionnaire, we would welcome them. Please write them in the space provided below.		

We are very grateful for your help. Please return your questionnaire in the stamped addressed envelope provided, to:

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