

SNaK+ A Survey of Na+ and K+ in New Zealand Children

Feedback form to be filled out by parents/caregivers at their diet recall interview

Participant ID: _____

Thank you for participating in the SNaK+ study. Your involvement in the study is greatly appreciated. We would like to ask you a few questions regarding how feasible and acceptable the instructions and methods used to collect the 24-hour urine samples and dietary intake information were. All we ask is that you fill out this question form. It should take no more than 10 minutes to complete. Please note that you or your child will not be affected in any way with the responses you provide. All responses will be confidential, and you or your child will not be identifiable.

1. Did you and your child feel comfortable participating in the study? Why? Why not?

2. Was your child able collect a *complete* 24-hour urine sample?

☐ Yes ☐ No

3. Can you please tell me if there was anything you or your child found difficult about collecting the urine samples?

4. Can you please tell me if there was anything you or your child found easy about collecting the urine samples?

5. Can you please tell me if there was anything you or your child found difficult about collecting the diet recalls?

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6. Can you please tell me if there was anything you or your child found easy about collecting the diet recalls?

7. Can you please tell me what you thought about the instructions you were given?
I.e. clear/useful/informative/easy to understand/confusing/lacked detail etc.

8. Do you think there was any information that was missing/could have been useful for collect the 24-hour urine samples?

☐ Yes (please explain) ☐ No

9. How well did your child understand the instructions?

10. Do you think there were any differences in the information provided to you and what was provided to your child?

☐ Yes (explain below) ☐ No

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11. Please share any additional comments/feedback you may have about the study overall, especially that could help us to improve our methods next time?

12. We would like to gather some further information about your thoughts regarding sodium intake and health. Could you please indicate on a scale of 1-5 how much you agree or disagree with the statement "*In the long term, eating too much salt during childhood may have harmful effects on children's health*".

- ☐ 1 (strongly disagree)
☐ 2
☐ 3 (neither agree nor disagree)
☐ 4
☐ 5 (strongly agree)

13. Medical research suggests that children eat more salt than is good for them. On a scale of 1-5, do you think more action needs to be taken to reduce the salt in foods targeted at children?

- ☐ 1 (strongly disagree)
☐ 2
☐ 3 (neither agree nor disagree)
☐ 4
☐ 5 (strongly agree)

14. Please share any additional comments/feedback you may have about the study overall, especially if it could help to improve our methods for next time?
