

CRF E: School survey

Kia ora, talofa lava, kia orana, malo e lelei, ni sa bula vinaka, taloha ni, and warm greetings,

Thank you for taking the time to participate in the SNaK+ study!

All responses will be confidential, and your school not be identifiable. All names or other identifiers will be anonymised/omitted before study findings are distributed.

This survey will take approximately 10-15 minutes to complete.

School ID

(two numbers)

SECTION 1: SCHOOL INFORMATION

1. Today's date

((dd/mm/yy))

2. Name of school:

3. School's physical location

((Street number and name, suburb and postcode))

4. Please indicate who filled in the questionnaire

- ☐ Board/trustee member
- ☐ Senior management (e.g. Principal, DP, Dean, HoD)
- ☐ Teacher
- ☐ Administrative support staff (e.g. receptionist, teacher aide, librarian)
- ☐ Food Services Staff (e.g. Canteen Manager, Canteen Staff)
- ☐ Health Service Staff (e.g. School Nurse)
- ☐ Unpaid Volunteer (e.g. Parent, Community Member)
- ☐ Other (tick and specify below)

Other person completing questionnaire

SECTION 2: FOOD AND NUTRITION POLICIES

5. Does your school have a written policy that relates to food and/or nutrition? (e.g. a formal policy set in conjunction with the BOT)

- ☐ No
- ☐ Yes
- ☐ Don't know

6. Does your school's food and nutrition policy:

- ☐ Recommend that all foods provided and sold be based the Ministry of Health Food and Nutrition Guidelines and /or the Food and beverage Classification system
 - ☐ Encourage nutrition education in the curriculum
 - ☐ Encourage teachers to be good role models for students
 - ☐ Allow students to leave school grounds during lunch
 - ☐ Contain standards for foods and beverages brought from home
 - ☐ Include steps to promote healthy food choices in the canteen e.e. price interventions
- ((Select all that apply))

7. Regarding your school's food and nutrition policy is there:

- ☐ Monitoring and evaluation of the policy implementation
 - ☐ Timely reviewing and updating of the policy
 - ☐ Assessment of the level of compliance with the policy
 - ☐ None of these
- ((Select all that apply))

SECTION 3: FOOD AND NUTRITION PROGRAMMES

8. Does your school participate in a breakfast/lunch/food programme? (Programmes that provide food/beverages to students such as Fruit in Schools, Fonterra Milk in Schools etc.)

- ☐ No
- ☐ Yes
- ☐ I don't know

9. If yes, which of the following programmes does your school participate in?

- ☐ Fruit in Schools
 - ☐ Kick Start Breakfast (Sanitarium and Fonterra)
 - ☐ Fonterra Milk in Schools Programme
 - ☐ KidsCan Food for Schools
 - ☐ Kids Kai Time (Charitable Trust)
 - ☐ Other food programme (specify below)
- ((Select all that apply))

Please specify other food programmes

(Please provide name of programme and provider))

10. Does your school currently participate in a nutrition programme (such as Food for Thought etc.)

- ☐ No
- ☐ Yes
- ☐ Don't know

11. If yes, which of the following nutrition programmes does your school participate in?

- ☐ Garden 2 Table
 - ☐ EnviroSchools
 - ☐ Fresh Made Garden to Table (The Heart Foundation)
 - ☐ Food for Thought nutrition education programme (The Heart Foundation, Foodstuffs)
 - ☐ Healthier Active Learning
 - ☐ Other nutrition programme (specify below)
- ((Select all that apply))

Please specify other nutrition programmes

(Please provide name of programme and provider))

12. Does your school have a garden to grow fresh fruit, vegetables and herbs?

- ☐ No
☐ Yes

13. Please list all the possible ways in which fresh fruit and vegetables from the garden are utilised

- ☐ Incorporated into the meals sold at the canteen/tuckshop
☐ Incorporated into the meals provided by the school
☐ Used in teaching curriculum (food technology class etc)
☐ Students and staff are allowed to take produce for themselves, their home
☐ Parents/caregivers are allowed to access and take produce for themselves
☐ Produce is used in fundraising activities
☐ Produce is distributed to the community for free
☐ Other ways (specify below)
((Select all that apply))

Please specify other ways fruit and vegetables are utilised

Please submit your completed survey

Approved by the University of Auckland Human Participants Ethics Committee on for three years. Reference number: