

SNaK+ A Survey of Na+ and K+ in New Zealand Children
Teachers (online)

Participant ID: _____

Thank you for participating in the SNaK+ study. Your involvement in the study is greatly appreciated. We would like to ask you a few questions regarding how feasible and acceptable the instructions and methods used to collect the 24-hour urine samples and dietary intake information were. All we ask is that you fill out this question form. It should take no more than 10 minutes to complete. Please note that you or your child will not be affected in any way with the responses you provide. All responses will be confidential, and you or your child will not be identifiable.

1. Did you feel comfortable participating in the study?

2. Did the students discuss the study inside/outside of class-time, other than when they were briefed about the study?

3. Can you recall any of the comments that were shared?

4. Can you please tell me if there was anything you found difficult about collecting the urine samples?

5. Can you please tell me if there was anything you found easy about collecting the urine samples?

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6. Can you please tell me what you thought about the instructions you were given?
I.e. clear/useful/informative/easy to understand/confusing/lacked detail etc.

7. Do you think there was any information that was missing/could have been useful for collect the 24-hour urine samples?

8. How well did your students understand the instructions?

9. Do you think there were any differences in the information provided to you and what was provided to the participating students?

10. We would like to gather some further information about your thoughts regarding sodium intake and health. Could you please indicate on a scale of 1-5 how much you agree or disagree with the statement "*In the long term, eating too much salt during childhood may have harmful effects on children's health*".

- ☐ 1 (strongly disagree)
☐ 2
☐ 3 (neither agree nor disagree)
☐ 4
☐ 5 (strongly agree)

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11. Medical research suggests that children eat more salt than is good for them. On a scale of 1-5, do you think more action needs to be taken to reduce the salt in foods targeted at children?

- ☐ 1 (strongly disagree)
- ☐ 2
- ☐ 3 (neither agree nor disagree)
- ☐ 4
- ☐ 5 (strongly agree)

12. Please share any additional comments/feedback you may have about the study overall, especially if it could help to improve our methods for next time?
